

MOTOR SKILLS TESTS EXPLANATION - UNIT 8 - 4th GRADE

SKILL	TEST	RESULT		
		Very good	Normal	It could be better
THROW	<p>Eye-hand coordination: be able to score a plastic ball in a ring from a line placed 5 meters far from it.</p> <p>⇒ You have 3 chances to pass this test.</p>	Scoring more than 1 baskets	Scoring at least 1 basket	0 baskets
KICK	<p>Eye-foot coordination: be able to score a plastic ball between 2 rings (separated 1,5 meters from each other), from a line placed 5 meters far from it.</p> <p>You have 3 chances to pass this test.</p>	Scoring more than 1 goals	Scoring at least 1 goal	0 goals